



# THE CATHOLIC COMMUNITY OF NORTH HARBOUR

Worshipping Communities of Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth and parts of Beacon Hill and North Manly

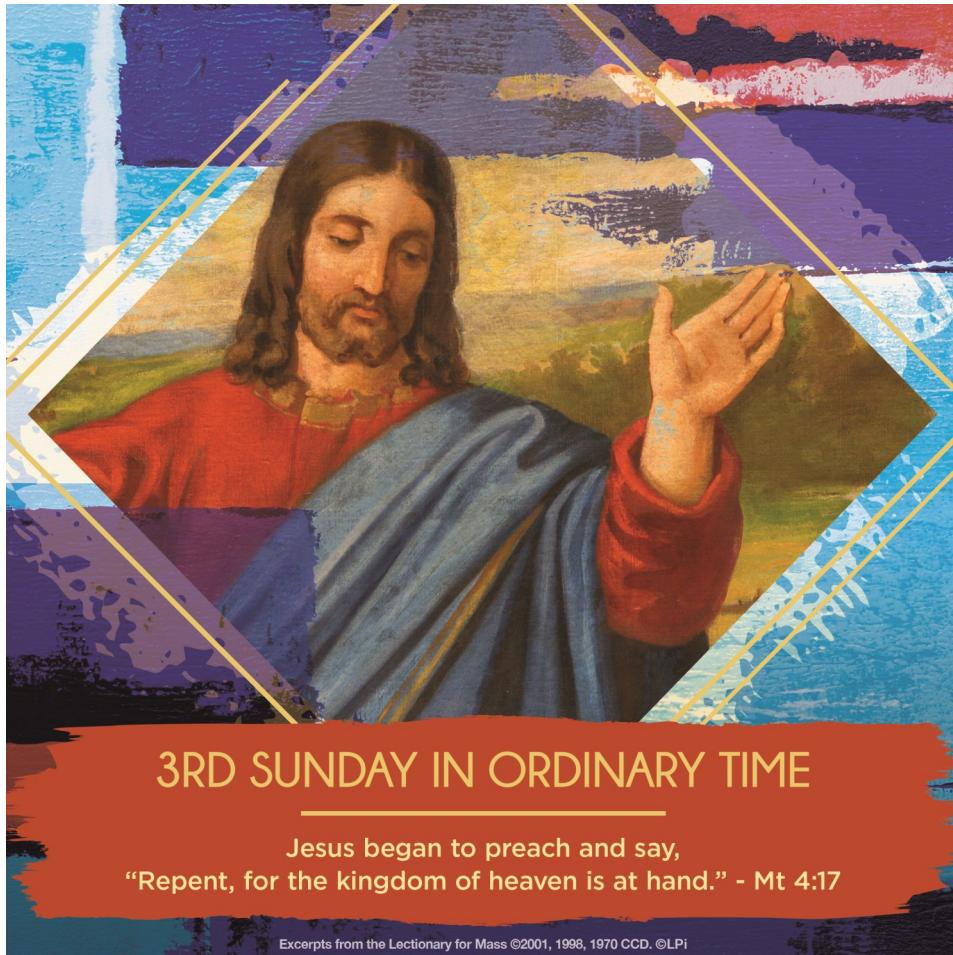


**25  
JAN  
2026**  
YEAR A

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay

Want to receive the bulletin via e-mail? Email [comms@nhcatholic.org.au](mailto:comms@nhcatholic.org.au)



## 3RD SUNDAY IN ORDINARY TIME

Jesus began to preach and say,  
"Repent, for the kingdom of heaven is at hand." - Mt 4:17

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

## MASS & LITURGY TIMES

### CHURCH OF ST. CECILIA

Wanganella St and White St, Balgowlah 2093

#### MASS:

Wednesday, 9am  
Sunday, 9am

#### BAPTISM:

Sunday, 10.30am

1st Sundays of the month (within the 9am Mass)

*Baptism Preparation is required for first baptisms.  
Contact Parish Office for more details. Thank you.*



#### RECONCILIATION:

Saturday, 5.00 to 5.45pm  
Church of St. Kieran

#### YOUTH MASS:

2nd Sundays of the month  
during the school term.

#### WEDDING:

Require six months notice and  
include Pre-Marriage Course as  
part of the preparation.

### CHURCH OF ST. KIERAN

2 King Street, Manly Vale 2093

#### MASS:

Monday, Tuesday, Thursday, Friday\*, Saturday,  
8.30am

Saturday (Vigil), 5.30pm  
Sunday, 7.30am, 9.30am, 5pm

*\* Adoration to the Blessed Sacrament after Mass  
on Fridays.*

#### BAPTISM:

Sunday, 11.30am

1st Sundays of the month (within the 9.30am Mass)

*Baptism Preparation is required for first baptisms.  
Contact Parish Office for more details. Thank you.*



In the spirit of reconciliation the Catholic Community of North Harbour acknowledges the Traditional Custodians of these lands on which we gather.

We recognise their continuing connection to the lands and waterways and pay our respect to their elders past and present  
and extend that respect to all First Nations people in our community.



# Welcome to NORTH HARBOUR

- You are invited
- Join us in our varied celebrations & activities
- Consider sharing your gifts to us

**EMAIL** [OFFICE@NHCATHOLIC.ORG.AU](mailto:OFFICE@NHCATHOLIC.ORG.AU)  
**LOCATION** 2 KING STREET, MANLY VALE 2093 NSW  
**WEBSITE** [WWW.BBCATHOLIC.ORG.AU/NORTHHARBOUR](http://WWW.BBCATHOLIC.ORG.AU/NORTHHARBOUR)  
**FACEBOOK** [WWW.FACEBOOK.COM/NORTHHARBOURCATHOLICS](http://WWW.FACEBOOK.COM/NORTHHARBOURCATHOLICS)  
**PHONE** (02) 9949 4455



## WHY DO WE DO THAT?

### Catholic Life Explained

#### Question:

If one's gift or talent is making money, and one uses that money for honorable purposes, is it considered a spiritual gift? What does our faith teach us about wealth and stewardship?

#### Answer:

Jesus said it best: to whom much is given, much is expected. All gifts come from God, and our abilities are given to us to be used for the benefit of ourselves and of others and at the service of the Gospel. In an article entitled "The Many Faces of Stewardship," Catherine Doherty wrote about stewardship in the "nitty-gritty everydayness of my life," and about the currency or "money" of spiritual stewardship: love, understanding, and unselfishness.

For a gift to have a spiritual benefit, our intention and involvement would be part of the consideration. If I give money to a charity, but do so in order to gain a tax advantage, it could hardly be a virtuous thing on my part. But if I give because I want to help and, in fact, am even willing to get involved, I have committed myself in a deeper, more meaningful way. Regardless of our money-making talents, in the end, true stewardship comes down to how well we practice the virtues of faith, hope, and love within our life and with those in our community and church. Ultimately, the most important element in stewardship is not intangible—it's you! ©LPI

## BRINGING HOME THE GOSPEL

Jesus begins his public ministry by announcing the coming of the kingdom. He tells us it's time to repent. Remember, the kingdom of God is not just the heaven we hope to get to after we die. The kingdom of God is also with us here, right now. The kingdom is any place or time where God's love is present and active.

Jesus was able to claim the kingdom was at hand because he brought the kingdom. Any place or time Jesus was present, there was the kingdom. As Christians, we are asked to be Christ today and bring the kingdom to our own time and place. That means we take Jesus' words to heart. We look at ways we can change for the better. We need to adjust how we act or how we react.

Think about what needs to change in your everyday family life for the kingdom to reign in your home. Begin with the surface things. Is the pace too fast? Is the noise level too high? Is there a constant attitude of "I'll get you back!"? We know that no amount of coaxing or nagging will change someone else if he or she isn't ready to change. And so as the grown-up in the household, change will have to begin with you.

Remember, with God's help, we can change how we act and respond. With God's help, we can become our best selves. And with God's help, the changes in you will bring out the best in others.

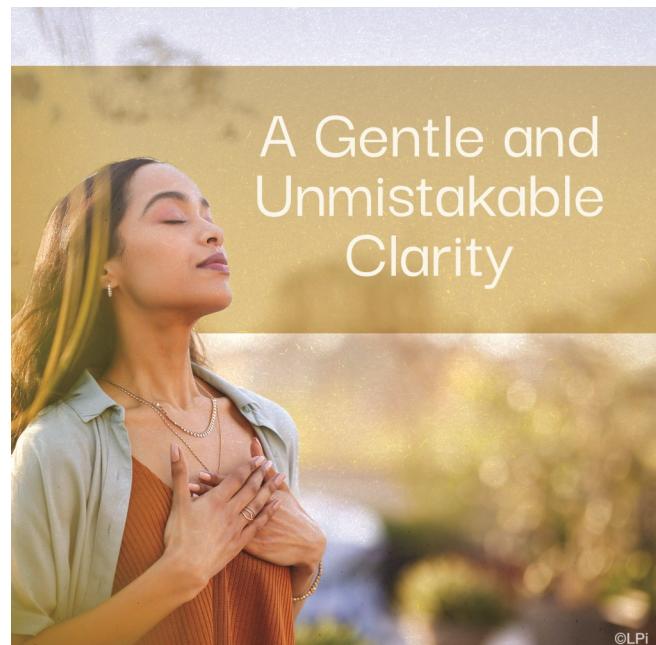
#### FAMILY RESPONSE:

Talk about what would make everyone in the family get along better. How can each person help?

#### PERSONAL RESPONSE:

What changes need to be made for your home to better reflect God's kingdom? How can you help make this happen?

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## WEEKLY SOCIAL JUSTICE CHALLENGES

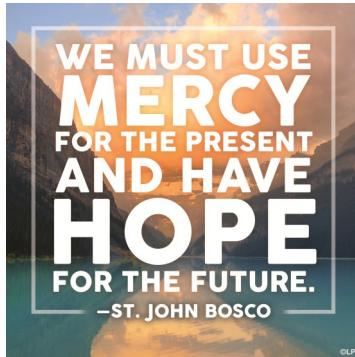
The Gospel for Sunday includes Jesus' call of Peter, Andrew, James, and John to be his apostles. Scripture tells us that they dropped their nets and immediately responded to his invitation. Your challenge this week is to listen to Jesus' call to you. What is he asking you to do this week, particularly for those who are in need of healing. Just as Jesus cured those who were sick as he proclaimed the Kingdom of God, how can you help to heal someone who has an injured heart or soul? How can you bring them Jesus' message of God's boundless love and desire that all people live in dignity and hope?

### CARE FOR CREATION TIPS

*"As he walked by the Sea of Galilee, he saw two brothers, Simon, who is called Peter, and Andrew, his brother, casting a net into the sea—for they were fishermen. And he said to them, 'Follow me, and I will make you fish for people.' Immediately they left their nets and followed him."* — Matthew 4:18-20

Jesus spent a lot of time in boats, on beaches, and along shorelines, and he spent a lot of time with people who made their livelihoods from fishing. If you've ever been to shores in the Holy Land where Jesus once walked or imagined them in your own prayer, you probably don't envision them littered with all the trash that is so common on our beaches now. Imagine how distressed Jesus would be to walk along a shoreline cluttered with plastic straws, bottles, cans, pieces of styrofoam, old tires, etc. Make time to go to a beach or shoreline near you and pick up trash. If you don't live near a body of water, do the same in your neighborhood. Better yet, go with a friend or family member, or take some kids with you to multiply the effect.

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## PASTORAL CARE FOR THE HOMEBOUND

Our clergy and pastoral care ministers bring the sacraments of Eucharist, reconciliation, and anointing of the sick to parishioners who are unable to participate because of illness or aging. For more information and to arrange receiving the sacraments, contact Parish Office.

## SICK CALLS AND OTHER URGENT MATTERS

If you need a priest urgently, please call the appropriate number:

**BUSINESS HOURS:**  
PARISH OFFICE—9949 4455

**AFTER HOURS:**  
*(Evenings & Weekends)*  
0490 898 464



**Luca Dawes**  
Son of Marcus & Julia

**Max Alexander Hearsch**  
Son of Timothy & Laura

## PRAY FOR THOSE IN OUR COMMUNITY:

### SICK:

Fr David Taylor, Nigel Manchee, Remo Dellagiacoma, Odette James, Joyce Arnold, Peter & Jan Van de Velde, Cecilia Yeung, Gemma Mangelsdorf, Rodney Arnold

### RECENTLY DECEASED:

Brian Willoughby, Muriel Cowell

### ANNIVERSARIES:

Ljubica Paksec, Lynn Simunovic, George Marley

Our community would love to pray for you.

If you have an intention you would like to be included in this bulletin please e-mail [office@nhcatholic.org.au](mailto:office@nhcatholic.org.au)

### CHILDREN'S LITURGY OF THE WORD

"And all thy children shall be taught of the Lord; and great shall be the peace of thy children." ISAIAH 54:13

**EVERY 4<sup>TH</sup> SUNDAY OF THE MONTH**

**ST CECILIA'S 9:00AM**

**ST KIERAN'S 9:30AM**

**and**

**ST KIERAN'S 5:00PM**

Children's Liturgy will also run **every week at the 9:30am mass** when volunteers are available.



**All children in Years 5, 6 and 7 are welcome to join our**

### **YOUTH GROUP**

We will be playing fun games and exploring faith in new and exciting ways!



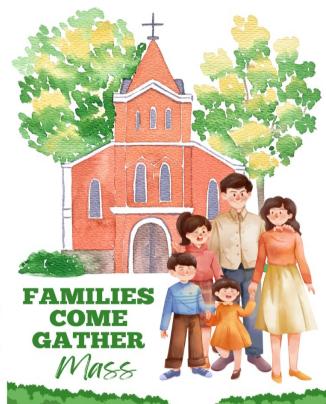
**2026**

### **ST CECILIA'S CHURCH FAMILY MASSES**

Every 4th Sunday of each month during school terms will be a **Families Come Gather MASS**

with Children's Liturgy and **Morning Tea** in the playground afterwards.

This will be a lovely way for the St Cecilia's Community to gather together on a regular basis and we hope to see you there!



*Join our  
Youth Mass*



at St Kieran's Church, most 2<sup>nd</sup> Sundays in term time

Come along to hear some great music and have a **free supper afterwards!**

*Looking for*

**MINISTERS OF THE WORD**



Our parish is in urgent need of volunteers to serve as Ministers of the Word. This beautiful ministry involves proclaiming God's Word during Mass—usually just once a month all training is provided.

We are especially in need of readers for the 7.30am Mass at St Kieran's, but we are also looking to fill rosters across all Mass times.

If you have ever felt a gentle nudge in your heart, please take a moment to listen. Is God calling you to this ministry? We would be grateful for your "yes".

Your willingness to serve helps our community hear and live the Word of God. Thank you for your generosity and your service. Sign-up by:



Contacting the Parish Office



Using the QR code provided



Filling-out the volunteer form at the church entrances



St Kieran's Church

**Parish Social Justice Group**



*"Faith in action - living the Gospel through justice and love"*

**ACTIONS FOR DECEMBER & JANUARY**



Provided a helping hand in delivering hampers for St Vincent de Paul's Christmas Appeal.



Invitation to parishioners to support St Augustine's College "Day For Girls" project. Preparing and distributing sustainable menstrual health solutions to shatter stigma and limitations for women and girls. Contact Bette Larkin on 0410 177 704 for more details and to register.



**LAUDATO SI**  
Unpacking Laudato Si parish toolkit and finding ways to implement.  
<https://www.caritas.org.au/media/jxmndsx/charitas-australian-guide-to-laudato-si-action-planning.pdf>  
Bring your ideas to our next meeting



SCAN ME!

**JOIN US**

2 February 2026  
Monday | 7:00pm  
St Kieran's Parish Centre  
2 King Street, Manly Vale

# LOST & FOUND

This **earring** was found in the St Kieran's carpark last week.



Claim at the  
PARISH OFFICE

9949-4455

## First Reconciliation Helpers Needed

The children who are preparing for the Sacrament of First Reconciliation and their parents will be coming to the parish as part of their preparation. It would be wonderful if some of our parishioners could be there to greet the families and show them where to go. If you are able to help at any of the following times, please contact Ursula. Contact details on Pg 7.

- Monday 9<sup>th</sup> Feb 3:40-5:00pm
- Monday 9<sup>th</sup> Feb 5:40-7:00pm
- Tuesday 10<sup>th</sup> Feb 5:40-7:00pm



## HOSPITALITY VOLUNTEERS FOR 2026

Hello & Happy New Year to you all!



Hospitality after the 9.30am mass on Sundays at St Kieran's Church will start back up on Sunday, 1 February and I am looking for more people to join and be a part of this very wonderful and rewarding ministry.

Volunteers are placed on a roster so you can choose how often you would like to volunteer for (eg. once or twice a term).

The parish provides the morning tea along with the coffee, tea & milk so all that is needed from you on the day is to set up (about 20 mins before the commencement of mass), serve after mass and then pack away and clean up.

So, if this is something that you think you can volunteer for and help with and be a part of this ministry, please contact me either by phone or email as I would love to have some new volunteers for 2026. Also, if you would just like further information, please feel free to get in contact with me.

**ADRIANA BOWYER**  
Hospitality Co-ordinator  
0402 099 746  
albowyer@bigpond.com



Australian Catholic Historical Society |  
60th Anniversary of Vatican II Dei Verbum



The next event for the Australian Catholic Historical Society will be held in the crypt of Saint Patrick's, Church Hill at 2:00 PM on Sunday 15 February.

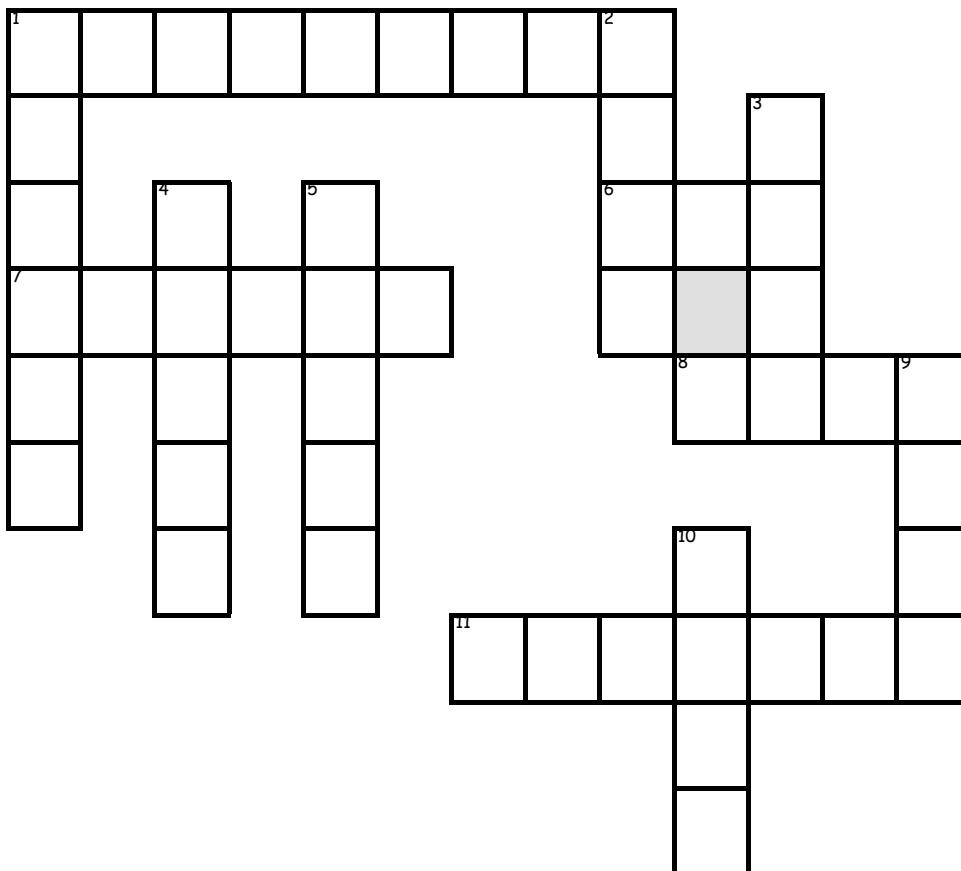


The Topic: The 60th Anniversary of Vatican II Dei Verbum - Its influence on the history of Biblical Scholarship

Presenter: Archbishop Mark Coleridge  
Members, their guests, and visitors are most welcome and there is no charge.  
Details of the programme of the ACHS as well as resources on church history and YouTube videos are on the website



<https://australiancatholichistoricalsociety.com.au/>



### CROSSWORD PUZZLE

*I will teach you how to bring people instead of fish.*

#### ACROSS

- 1: people who catch fish
- 6: the number after one
- 7: God's kingdom of eternal life
- 8: make better, cure
- 11: Jesus walked along the shore of this lake

#### DOWN

- 1: daughter is to mother, as son is to ...
- 2: used for catching fish
- 3: Jesus said to the fishermen " --- with me!"
- 4: The brother of John who was also a fisherman
- 5: Simon, the fisherman, was also known as \_\_\_,
- 9: a large body of water
- 10: animals that live in the sea

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### Sharing the Gospel

Jesus was the light in the darkness that was mentioned in the Scriptures. He told people to repent for the kingdom of heaven is near. Jesus was a good teacher. He explained things so that people understood about God's two greatest commandments. He told stories. Today his word is like a torch lighting your path to heaven. If the batteries in your torch need recharging, prayer will light up your torch again.

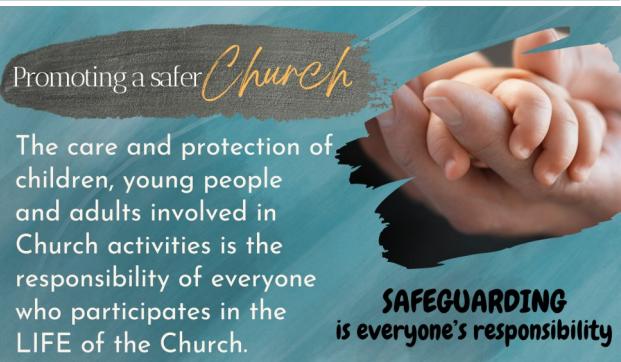
### Prayer

Lord, I want to be a torch leading others to you.

### Mission

I will ask my parents how I can help them today.

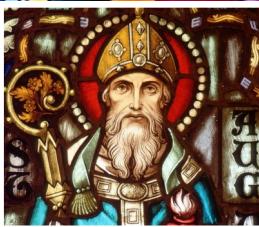
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### COLOR

Read the Gospel of the week and color the image.





*God examines both rich and poor, not according to their lands and houses, but according to the riches of their hearts.*

Commentary on Psalm 48 (1), 3

- St. Augustine of Hippo

## NEXT WEEKEND (1 FEBRUARY 2026): 4<sup>TH</sup> SUNDAY IN ORDINARY TIME, YEAR A

	31 JAN, 5.30PM ST KIERAN'S	1 FEB, 7.30AM ST KIERAN'S	1 FEB, 9AM ST CECILIA'S	1 FEB, 9.30AM ST KIERAN'S	1 FEB, 5PM ST KIERAN'S
<b>FIRST READING</b> Zephaniah 2:3; 3:12-13 <i>The remnant of Israel will take refuge in the Lord.</i>	<b>Senior Server</b> David	<b>Senior Server</b> Jo	<b>Senior Server</b> Ilde	<b>Senior Server</b> Michael	<b>Senior Server</b> Kevin
<b>RESPONSORIAL PSALM</b> Ps 145:7-10. R. Mt 5:3 <i>Happy the poor in spirit; the kingdom of heaven is theirs!</i>	<b>Readers</b> Cecilia Caterina Val (R)	<b>Readers</b> Jenny Joseph	<b>Readers</b> Louise Ailis Julien	<b>Readers</b> Kate Tanya Brian (R)	<b>Readers</b> Catherine Linda Louise (R)
<b>SECOND READING</b> 1 Corinthians 1:26-31 <i>The Lord chooses the lowly.</i>	<b>Music</b> PPT/audio	<b>Music</b> PPT/audio	<b>Music</b> PPT/audio	<b>Music</b> PPT/audio	<b>Music</b> PPT/audio
<b>GOSPEL ACCLAMATION</b> Matthew 5:12 <i>Alleluia, alleluia! Rejoice and be glad; Your reward will be great in heaven. Alleluia!</i>	<b>Communion Min</b> Edelvine Jenny	<b>Communion Min</b> Lea Anna	<b>Communion Min</b> Volunteer Needed Volunteer Needed	<b>Communion Min</b> Titus Kaye	<b>Communion Min</b> Christine tba
<b>GOSPEL</b> Matthew 5:1-12 <i>The Beatitudes.</i>	<b>Powerpoint</b> Volunteer needed	<b>Powerpoint</b> Olivier	<b>Powerpoint</b> Volunteer needed	<b>Powerpoint</b> Volunteer needed	<b>Powerpoint</b> Volunteer needed
	<b>Welcomers</b> Volunteers needed	<b>Welcomers</b> Volunteers needed	<b>Welcomers</b> Volunteers needed	<b>Welcomers</b> Volunteers needed	<b>Welcomers</b> Volunteers needed

### OBSERVANCES FOR THE WEEK OF 25 JANUARY

**Mon 26 Jan:** Australia Day

**Tue 27 Jan:** Tuesday of the 3rd Week in Ordinary Time, Year 2

**Wed 28 Jan:** St Thomas Aquinas, priest and Doctor of the Church

**Thu 29 Jan:** Thursday of the 3rd Week in Ordinary Time, Year 2

**Fri 30 Jan:** Friday of the 3rd Week in Ordinary Time, Year 2

**Sat 31 Jan:** St John Bosco, priest

## The Catholic Community of North Harbour



Under the Pastoral Care of the Augustinians      Catholic Diocese of Broken Bay      [www.bbcatholic.org.au](http://www.bbcatholic.org.au)

**Parish Office**      2 King Street, MANLY VALE 2093 NSW AUSTRALIA  
**P** 02 9949 4455      **E** [office@nhcatholic.org.au](mailto:office@nhcatholic.org.au)      **W** [www.bbcatholic.org.au/northharbour](http://www.bbcatholic.org.au/northharbour)

**Office Hours**      9.00am to 4pm (Tuesday to Friday)

**Churches**      **Church of St Cecilia**      Wanganella St and White St, Balgowlah 2093 NSW  
**Church of St Kieran**      2 King St, Manly Vale 2093 NSW

**Parish Staff**      **Parish Priest:** Fr Michael Belonio, OSA      **E** [pp@nhcatholic.org.au](mailto:pp@nhcatholic.org.au)

**Asst Priest:** Fr Jumbim Torres, OSA      **E** [jtorres@nhcatholic.org.au](mailto:jtorres@nhcatholic.org.au)

**Asst Priest:** Fr John Zhang      **E** [jzhang@nhcatholic.org.au](mailto:jzhang@nhcatholic.org.au)

**Administration Officer:** Charlene Mendoza      **E** [admin@nhcatholic.org.au](mailto:admin@nhcatholic.org.au)      (Tue-Fri)

**Bookkeeper:** Valerie Buono      **E** [accounts@nhcatholic.org.au](mailto:accounts@nhcatholic.org.au)      (Thu)

**Secretary:** Anne Ross      **E** [office@nhcatholic.org.au](mailto:office@nhcatholic.org.au)      (Thu, Fri)

**Catechists, Family & Sacramental Ministries:** Ursula Halloway      **M** 0450 101 767      **E** [families@nhcatholic.org.au](mailto:families@nhcatholic.org.au)

**Media & Communications:** Caroline Ng      **E** [comms@nhcatholic.org.au](mailto:comms@nhcatholic.org.au)

**Music Ministry:** Marianne Kaw-Deveza      **E** [music@nhcatholic.org.au](mailto:music@nhcatholic.org.au)



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Co-educational pathways K - 12

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continued support.  
Thank You!



THE CATHOLIC COMMUNITY OF  
NORTH HARBOUR



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CATHOLIC  
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SCAN ME



to  
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